

## Old Dominion Steamship Co's.

Steamer

"HAMPTON ROADS"

will make a trip to

## Jamestown Island

Sunday, Oct. 20

Leaving Pier A at 10:30 a. m. Return to Pier A at 5 p. m.

Fare—Round Trip \$1.00; half fare for children under 12.

Refreshments will be served under supervision of the Company.

W. H. LANDON, Agt.

"The Piano with the Sweet Tone."

### Whatever the Price There is No Better Piano Than the Stieff

There are many makes, good, not so good, and ordinary; and there is a great similarity in appearance—even in tone for some time. Pianos that are made to sell "cheap" are made to deceive, and do it in many cases.

### A Lifetime Piano

is what you want, and what you get when you buy a STIEFF. The maker's name is on it, and the reputation of over fifty years goes with it.

### CHAS. M. STIEFF

L. C. STEELE, Manager,  
114 Granby St., Norfolk, Va.  
Allan Edwards, Agent,  
P. O. Box 458, Newport News, Virginia.

Official Piano, Jamestown Exposition.

## Bracelets

We have this season the most complete assortment of Bracelets we have ever shown.

Many unique designs, and prices ranging from

**\$3 to \$50**

For an acceptable gift we suggest a

### Bracelet

## J. R. Sprague

Manufacturing Jeweller

### Our President

Among other accomplishments is a good shot, and a great hunter. The bears are said to retire deeper into the woods when they learn of his approach. It requires good eyesight to be a crack shot with a rifle, yet it is generally known that Our Teddy has defective vision, which is only corrected by constant use of glasses. Had he neglected the care of his eyes in early life, many of the pleasures he now enjoys would be denied him. See us today about your eyes.

## Hull & Hull

OPTICIANS

121 26th St., Opposite Postoffice.  
—ESTABLISHED 1899—  
Newport News, Va.

## Woman's World

MRS. ARTHUR STANNARD.

Says Women Must Work, Play and Sleep Well to Be Beautiful.

More work, more play, more sleep. That is the potent triad which all women in all climes must cultivate assiduously if they would preserve their beauty, charm and health, according to Mrs. Arthur Stannard, better known to the literary world as John Strange Winter.

"Work well, play well and you will sleep well," she says to her sisters the world over.

"Play is quite as essential as work, and a reasonable amount of work is



MRS. ARTHUR STANNARD.

essential to that kind of sleep which does the body good.

"The woman who may sleep, but it is not the kind of sleep that comes to the woman who has exercised her brain enough to feel the effort and whose muscles have been in motion long enough to require rest.

"It is such work, such play and such sleep, and this kind only, that develop character in woman, make her healthy and preserve her charm.

### Cure For Seasickness.

Of the so-called cures for seasickness there is no end, and as many people are taking sea voyages there can be no harm in giving the latest recipe. It is as follows:

"The appliances are a basin of hot water at 80 degrees and a couple of handkerchiefs. Whenever the traveler feels that he is becoming giddy he must lie flat on his back on the cabin sofa or a deck chair. The clothes are unbuttoned so that there is nothing to hinder breathing. Then the handkerchiefs are wrung out in the hot water and bound round the forehead. This bandage must be made very tight, which can be done by using a penholder or something of the kind as a lever when twisting it. During the first minute or two the sensation is not particularly pleasant, but those who bear it are completely cured, which is surely sufficient reward for any temporary inconvenience. When the bandage begins to get cold another must be put on and the process continued, each time with a hotter bandage if possible until the patient is relieved of the queasy feeling. This should be accomplished in about half an hour. In very obstinate cases it may take an hour.

"While under treatment the patient must not eat, drink or smoke. One of the symptoms of seasickness is excessive thirst, which must not be assuaged. If the patient has a craving for food he may be given a little dry toast and weak tea. Two hours after the cure the patient need not fear a hearty meal, smoking or drinking. Those who undergo this treatment at the beginning of a voyage are never troubled with seasickness even when the sea runs high."

### A Good Layer Cake.

A good cake to be made into a dark and a light section for a layer cake can be made as follows: For the dark part, in which some fruit is to be mixed, take one cupful of brown sugar and a half cupful of butter. Rub these together and add one-half cupful of sour milk, a tablespoonful of cinnamon and half as much of cloves ground fine, two cupfuls of sifted flour, one teaspoonful or less of soda dissolved in warm water, according to the sourness of the milk and freshness of the soda. Add the beaten yolks of three eggs.

The white part will require a cupful of granulated sugar, one cupful of butter, one cupful of flour, with one-half cupful also of cornstarch, one-half a cupful of sweet milk, one teaspoonful of baking powder and the whites of the three eggs for which the yolks were used for the dark part.

Stone and chop some raisins, enough to make a cupful, beforehand, so they will be ready for the dark part of this cake. Other fruits may be used, such as part figs or prunes or currants chopped with raisins if preferred. Even chopped dried apricots or peaches make a nice addition.

Bake in jelly cake pans and arrange in alternate layers, with icing between them and over the surface.

Peaches and pears may be sliced for a salad and chopped blanched almonds sprinkled over them. Lay upon heart leaves of lettuce and serve with either French dressing or a mayonnaise made quite white with whipped cream.

### Shoe Sense.

The shoe should be three-fourths of an inch longer than the foot, for the foot works forward in walking.

Short shoes force the toes back, and finally the joints become distorted and

bulge out on the sides and above. Thus, corns, bunions and other disorders are developed.

Careful attention should be paid to the care of shoes. Shoes made on your last will preserve the shape if used in the shoes when they are not worn.

Walking shoes should not be worn in the house; neither should the same pair be worn on consecutive days, thus giving them a chance to rest.

If the shoes are cleaned every day and oiled once a month they will last much longer. Oil them, especially on the soles and about the stitches where the uppers join the soles. For this purpose castor oil is very good.

The heels should always be kept in good repair. Rubber heels will prevent the jarring that comes from contact of the heels with pavement.

Be careful always to have fresh laces and ribbons in your shoes. Nothing so marks a woman untidy as worn ribbons or flowing, stringy shoe ties.

### Picture Hanging.

To give a room an air of restfulness and repose hang the pictures as flat against the wall as possible and have very few small ones. Wherever it can be done hang from nails in the wall instead of the molding, as the wire necessary in the latter method is very ugly and prevents the picture from seeming a part of the wall, as it should do. In many cases a picture of moderate size may be hung by putting two tiny hooks in the wall at the same distance apart as the rings screwed into the back of the frame and slipping them through these rings. If a picture must be suspended from the molding use two hooks, so that the lines will be perpendicular instead of converging to the center. Get the smallest wire to be found and paint the hooks to correspond with the molding.

### Making College Flags.

College flags are quite simple to make, but require care and much precision in putting the letters on as well as in cutting them.

A good plan is to cut the letters from stiff cardboard and trace around them on the felt, afterward cutting with a sharp knife.

In mounting on the felt background paste them on with a very thin coating of photograph paste and couch around all edges with many strands of silk caught down at regular intervals with a single strand of the same color.

Couching means to hold the heavy cord or many strands of silk along the edge of the thing to be outlined and stitching across it and through the material with the single thread in the needle.

### Parsnip Stew.

Allow for one pound of fresh parsnips one pound fat salt pork and one pound potatoes. Chop the pork fine, pare the potatoes and slice thin. Scrape the parsnips and cut in thin slices. Put a layer of pork in a stew pan, follow with a layer of potatoes, then one of parsnips. Repeat with pork, potatoes and parsnips until all have been used. Cover with cold water, season with salt, pepper and celery salt, thicken with a little Boston cracker rolled fine and set on the back of the stove where it can cook gently for three-quarters of an hour.

### Novelty in Wedding Gifts.

Those who like to give something unusual as a wedding gift will be interested in a very appropriate one given to a recent bride. The copperplate of her announcement cards was secured and made into a card tray by having the metal edges slightly bent up all the way round and four small knobs added underneath to make the stand. The feet are, however, unnecessary, as the tray does not suffer from resting flat.

### Shirring.

A good and easy way to shirr a thin dress on the sewing machine is to take the cloth after getting it ready for the shirring and stitch with a loose stitch on the cloth plain, with silk on top and cotton in the bobbin. Then pull the cotton thread and you will have the shirring all done. Care must be taken not to use silk on top and in the bottom, as it will not shirr.

### Orangeade.

Squeeze the juice, pour boiling water on the peel and cover closely. Boil the water and sugar to a thin sirup and skim it. When cold, mix the juice, the infusion and the sirup with as much water as will make a rich sherbet. Strain and serve iced.

### More Important.

"Men are so queer. Tell them after the honeymoon that your love is growing cold, and they never glance up from the paper."

"No, but tell them the soup is getting cold, and they jump about ten feet."—Detroit News.

Just think of it! It is said that the poor people of Japan have been made so much poorer by the war between their country and Russia that thousands of children are now obliged to work in the mills for the meager wages of 5 or 6 cents a day!

Nothing makes a face so insipid as too scant eyebrows. The growth may be thickened by rubbing into them once a day some red vaseline. The white has been so refined that it has less strength.

A time and strength saving way to pick up pins and needles is to draw a magnet across the floor. The metal things that stick to it can be easily picked off without taking a step.

Neuralgia may very often be relieved by applying a cloth saturated with essence of peppermint to the seat of pain.



## "My Hair is Longer and Thicker Than Ever Before"

This recent photograph of Miss Bessie Woodruff, of Powell, Pa., is certainly strong proof of the value of

## Newbro's Herpicide

Here is Miss Woodruff's letter: "Newbro's Herpicide is a delightful hair dressing and I find by its continued use that my hair is growing longer and thicker than ever before."

—(Signed) Bessie Woodruff.

A MARTINSVILLE, VA., LADY CONSIDERS NEWBRO'S HERPICIDE THE BEST.

"I have given your Herpicide a fair trial and consider it the best preparation for the hair that I have ever tried—especially for dandruff." Martinsville, Va.

—(Signed) Mrs. B. A. Rives.

It is so easy to learn, by actual experience, the value of Newbro's Herpicide, for dandruff, falling hair, itching scalp, etc., that no one in need of it should delay one moment in making the test.

A single application is enough to convey the impression of its worth, while the results of its continued intelligent use will speak for themselves.

Newbro's Herpicide is known as the ORIGINAL remedy that "kills the dandruff germ," and its success, which is constantly increasing, has been phenomenal. Remember that permanent success is not built upon false claims. Get a bottle or send for a sample of Herpicide today. There are hundreds of imitations which should be avoided.

Guaranteed under the Food and Drugs Act, June 30, 1906, Serial No. 915.

Two sizes, 50c and \$1.00 at Drug Stores. Insist upon Herpicide.

Send 10c in stamps for sample to The Herpicide Co., Dept. L, Detroit, Mich.

See Window Display at

**ALLEN'S DRUG STORE**  
SPECIAL AGENTS

APPLICATIONS AT PROMINENT BARBER SHOPS.

## REMEMBER!

We Are Going Out of Business!

Now is the time to get your Men's and Boys' Fall and Winter Clothing, Shoes and Gents' Furnishings

At and below cost, as our stock must be sold quickly, and if low prices will accomplish this result the stock will stay here only a short while.

### Note Just a Few Of Our Great Bargains!

\$22.00 Black and Fancy Suits.	Sale price.....	\$12.48
\$16.00 Black and Fancy Suits.	Sale price.....	\$ 8.48
\$10.00 Suits, assorted styles.	Sale price.....	\$ 5.98
\$3.50 and \$4.00 Pants, all colors.	Sale price.....	\$ 2.19
\$2.00 and \$2.50 Working Pants.	Sale price.....	\$ 1.24
\$3.50 and \$4.00 Dress Shoes, Patent, Leather, Viol Kid and Gun Metal; all styles.	Sale price, \$2.48, and	\$ 2.98
\$2.00 and \$2.50 Dress and Working Shoes.	Sale price.....	\$ 1.48
50c and 75c Dress Shirts.	Sale price.....	\$ .39
Wool Fleece Underwear, 43c Garment, 85c Suit.		
On a lot of Boys' Suits, worth from \$2.50 to \$3.00; while they last, \$1.48.		
One lot of Boys' Overalls, sizes 3 to 8, worth \$3.50 to \$4.00; \$1.48 and \$1.98.		

## Simon Nachman

3016 Washington Ave., Between 30th and 31st Sts.  
Second Door From Lexington Hotel.

## NOTICE

MATERIAL THE BEST  
MIXED THE BEST  
ALWAYS THE BEST  
IT EATS THE BEST  
DEMANDS THE BEST  
IT SELLS THE BEST.

## Eat Jennings' Butter Bread

It is the best—and save your tags. They will get the best prizes.

## HEALTH FOOD BAKERY

Washington Avenue and Thirty-first Street.

## STOP AND READ THIS!

A Permanent Real Estate Investment  
Now Paying Over 16 Per Cent.

I have just had placed in my hands for sale, an investment that should appeal with equal force to the shrewd Real Estate Investor as well as the man in moderate circumstances, who cannot afford to lose, who must avoid the speculative and invest in something in which his money will be perfectly safe.

This property consists of three splendid renting houses in excellent condition, containing six-rooms each, and on a car line. Now renting for \$27.00.

By special arrangements with the owner, I am able to offer this entire property for a few days for \$2,000.00 on good terms. It is worth investigating.

Call or write.

**E. C. BROWN, Inc.**  
Real Estate

Bell Phone, Office, 397. 2411 Jefferson Ave.  
Bell Phone, Residence, 556. City.

## THE PEERLESS MANUFACTURING COMPANY

302-3-4 Twenty-eighth Street

Desires to announce to the public that they are in a position to make, at short notice, Mantles, Bank and Office Fixtures. Also special attention given to all kinds of repair work. Alterations in stores, banks and offices, made at short notice. Estimates cheerfully given.

**The Peerless Manufacturing Company**

Successor to Aaron Mfg. Co. C. S. STOUT, Mgr.